



SUBSTANCE ABUSE PREVENTION PROGRAM

2013 - 2014

In accordance with the
Drug Free Schools Act of 1989

SUBSTANCE ABUSE PREVENTION PROGRAM

Substance Abuse

San Joaquin Valley College, Inc. maintains policies and standards regarding substance abuse as a way to prevent, identify and respond to their impact on your education; to provide support for those students who seek it; to reduce absenteeism and tardiness; to improve productivity; to reduce the occurrence of accident or injury; and to maintain compliance with the Drug Free Schools and Communities Act of 1989. These policies apply to all students of the College.

The unlawful possession, use, distribution or sale of alcohol or non-prescription, illegal drugs by students is strictly prohibited while on school property or as a part of a school activity.

The College will conduct a fair and thorough investigation and will impose sanctions ranging from verbal and written warnings to suspension, termination and referral for prosecution. While the College supports progressive discipline prior to termination, multiple offenses or certain violations of the California Penal Code may make it necessary to dispense with any or all steps prior to termination. The College may make a mandatory referral to a community agency for counseling as a condition of continued attendance at the College.

Medical Marijuana

California State Law SB420 permits individuals to legally use medical marijuana for a serious health condition. However, under federal law marijuana remains illegal.

To address individuals who use medical marijuana for a serious health condition, the College has adopted a policy to conduct the interactive process and accommodate by offering a leave of absence to allow the individual to 1) complete the pharmaceutical cycle until the use of medical marijuana is no longer needed, or 2) transition to a legal drug eliminating the use of medical marijuana. Medical documentation from the individual's physician is required. The documentation must indicate the start and end date of the leave of absence required to successfully complete one of the two options listed above. To obtain approval to return to school/work the individual will need to provide the College with a doctor's release indicating that medical marijuana is no longer being used.

In addition to the sanctions imposed by the College, all students should be aware of those provided under state and federal law:

CALIFORNIA DRUG AND ALCOHOL PUNISHMENT

Opiates and Depressants

For the possession of the following substances, the punishment is imprisonment in the state prison: opiates, opium, opium derivatives, cocaine base, mescaline, peyote, and synthetic cannabis, hallucinogenics, and all Schedule III, IV and V narcotics.

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For the possession of depressants, the punishment is imprisonment in the county jail for up to one year or in state prison.

For the possession for the purpose of sale of any of the above substances, the punishment is imprisonment in the state prison for two, three or four years.

For the transportation or giving away of any of the above substances, the punishment is imprisonment in the state prison for three, four or five years.

For the transportation between non-contiguous countries, the punishment is imprisonment in the federal prison for three, six or nine years.

For the sale of over 14.25 grams of heroin, in addition to jail, the punishment is a fine of up to \$50,000.

For any person over 18 inducing a minor to use the above substances, the punishment is imprisonment in state prison for three, six or nine years.

Marijuana

For the possession of concentrated cannabis, the punishment is imprisonment in county jail up to one year and/or a fine up to \$500.

The possession of less than 28.5 grams is an infraction resulting in a fine of up to \$100.

For possession of 28.5 grams, the punishment is imprisonment in county jail up to six months and/or a fine of up to \$500.

For possession for sale, the punishment is imprisonment in state prison.

For transporting, selling or giving away of over 28.5 grams, the punishment is imprisonment in state prison for two, three or four years.

Transporting, selling or giving away less than 28.5 grams is a misdemeanor, resulting in a fine of up to \$100.

Alcoholic Beverages

Any person who sells, furnishes, gives or causes someone else to sell, furnish or give alcoholic beverage to a person under the age of 21 is guilty of a misdemeanor.

Any person under the age of 21 who purchases, or who consumes any alcoholic beverage in any on-sale premises, such as a bar or restaurant, is guilty of a misdemeanor and shall be punished by a fine of not less than \$100.

FEDERAL PENALTIES

DRUG/SCHEDULE	QUANTITY	PENALTIES	QUANTITY	PENALTIES
Cocaine (Schedule II)	500 - 4999 gms mixture	<p>First Offense :</p> <p>Not less than 5 yrs, and not more than 40 yrs. If death or serious injury, not less than 20 or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual</p> <p>Second Offense : Not less than 10 yrs, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual</p>	5 kgs or more mixture	<p>First Offense :</p> <p>Not less than 10 yrs, and not more than life. If death or serious injury, not less than 20 or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.</p> <p>Second Offense : Not less than 20 yrs, and not more than life. If death or serious injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.</p> <p>2 or More Prior Offenses: Life imprisonment</p>
Cocaine Base (Schedule II)	28-279 gms mixture		280 gms or more mixture	
Fentanyl (Schedule II)	40 - 399 gms mixture		400 gms or more mixture	
Fentanyl Analogue (Schedule I)	10 - 99 gms mixture		100 gms or more mixture	
Heroin (Schedule I)	100 - 999 gms mixture		1 kg or more mixture	
LSD (Schedule I)	1 - 9 gms mixture		10 gms or more mixture	
Methamphetamine (Schedule II)	5 - 49 gms pure or 50 - 499 gms mixture		50 gms or more pure or 500 gms or more mixture	
PCP (Schedule II)	10 - 99 gms pure or 100 - 999 gms mixture		100 gm or more pure or 1 kg or more mixture	
PENALTIES				
Other Schedule I & II drugs (and any drug product containing Gamma Hydroxybutyric Acid)	Any amount	<p>First Offense: Not more than 20 yrs. If death or serious injury, not less than 20 yrs, or more than Life. Fine \$1 million if an individual, \$5 million if not an individual.</p> <p>Second Offense : Not more than 30 yrs. If death or serious injury, not more than 15 yrs. Fine \$2 million if an individual, \$10 million if not an individual</p>		
Other Schedule III drugs	Any amount	<p>First Offense : Not more than 10 years. If death or serious injury, not more than 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual.</p>		

FEDERAL PENALTIES

PENALTIES		
		Second Offense : Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1.5 million if an individual, \$5 million if not an individual
All other Schedule IV drugs	Any amount	First Offense : Not more than 5 years. Fine not more than \$250,000 if an individual, \$1 million if not an individual.
Flunitrazepam (Schedule IV)	Less than 1 gm	Second Offense : Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if not an individual.
All Schedule V drugs	Any amount	First Offense : Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual. Second Offense : Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.

Federal Trafficking Penalties – Marijuana

DRUG	QUANTITY	1 st OFFENSE	2 nd OFFENSE*
Marijuana (Schedule I)	1,000 kg or more mixture; or 1,000 or more plants	Not less than 10 years, not more than life If death or serious injury, not less than 20 years, not more than life Fine not more than \$4 million if an individual, \$10 million if other than an individual	Not less than 20 years, not more than life If death or serious injury, mandatory life Fine not more than \$8 million if an individual, \$20 million if other than an individual

DRUG	QUANTITY	1 st OFFENSE	2 nd OFFENSE*
Marijuana (Schedule I)	100 kg to 999 kg mixture; or 100 to 999 plants	Not less than 5 years, not more than 40 years If death or serious injury, not less than 20 years, not more than life Fine not more than \$2 million if an individual, \$5 million if other than an individual	Not less than 10 years, not more than life If death or serious injury, mandatory life Fine not more than \$4 million if an individual, \$10 million if other than an individual
Marijuana (Schedule I)	more than 10 kgs hashish; 50 to 99 kg mixture	Not more than 20 years If death or serious injury, not less than 20 years, not more than life Fine \$1 million if an individual, \$5 million if other than an individual	Not more than 30 years If death or serious injury, mandatory life Fine \$2 million if an individual, \$10 million if other than individual
	more than 1 kg of hashish oil; 50 to 99 plants		
Marijuana (Schedule I)	1 to 49 plants; less than 50 kg	Not more than 5 years Fine not more than \$250,000, \$1 million other than individual	Not more than 10 years Fine \$500,000 if an individual, \$2 million if other than individual
Hashish (Schedule I)	10 kg or less		
Hashish Oil (Schedule I)	1 kg or less		

*The minimum sentence for a violation after two or more prior convictions for a felony drug offense have become final is a mandatory term of life imprisonment without release and a fine up to \$8 million if an individual and \$20 million if other than an individual.

Information gathered from the DEA (Drug Enforcement Agency) 2011

There are innumerable health risks associated with substance abuse, all of which have negative impacts on performance in school.

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increases the incidence of a variety of aggressive acts, including spouse and child abuse.

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Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations, and convulsions. Alcohol withdrawal can be life threatening. Long term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and the liver.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at greater risk than other youngsters of becoming alcoholics.

Additional effects of controlled substances are listed on the attached chart.

A list of community based organizations that provide no-cost or low-cost counseling is available from the Student Services Office at each campus.

DRUGS OF ABUSE/Uses and Effects

Substances: Category and Name	Examples of <i>Commercial</i> and Street Names	<u>DEA Schedule*/</u> <u>How Administered**</u>	<i>Acute Effects/Health Risks</i>
Tobacco			
Nicotine	Found in cigarettes, cigars, bidis, and smokeless tobacco (snuff, spit tobacco, chew)	Not scheduled/smoked, snorted, chewed	<i>Increased blood pressure, and heart rate/chronic lung disease; cardiovascular disease; stroke; cancers of the mouth, pharynx, larynx, esophagus, stomach, pancreas, cervix, kidney, bladder, and acute myeloid leukemia; adverse pregnancy outcomes; addiction</i>
Alcohol			
Alcohol (ethyl alcohol)	Found in liquor, beer, and wine	Not scheduled/swallowed	<i>In low doses, euphoria, mild stimulation, relaxation, lowered inhibitions; in higher doses, drowsiness, slurred speech, nausea, emotional volatility, loss of coordination, visual distortions, impaired memory, sexual dysfunction, loss of consciousness/increased risk of injuries, violence, fetal damage (in pregnant women); depression; neurologic deficits; hypertension; liver and heart disease; addiction; fatal overdose</i>
Cannabinoids			
marijuana	Blunt, dope, ganja, grass, herb, joint, bud, Mary Jane, pot, reefer, green, trees, smoke, sinsemilla, skunk, weed	I/smoked, swallowed	<i>Euphoria; relaxation; slowed reaction time; distorted sensory perception; impaired balance and coordination; increased heart rate and appetite; impaired learning, memory; anxiety; panic attacks; psychosis/cough, frequent respiratory infections; possible mental health decline; addiction</i>
hashish	Boom, gangster, hash, hash oil, hemp	I/smoked, swallowed	
Opioids			
Heroin	<i>Diacetylmorphine</i> : smack, horse, brown sugar, dope, H, junk, skag, skunk, white horse, China white; cheese (with OTC cold medicine and antihistamine)	I/injected, smoked, snorted	<i>Euphoria; drowsiness; impaired coordination; dizziness; confusion; nausea; sedation; feeling of heaviness in the body; slowed or arrested breathing/constipation; endocarditis; hepatitis; HIV; addiction; fatal overdose</i>
Opium	<i>Laudanum, paregoric</i> : big O, black stuff, block, gum, hop	II, III, V/swallowed, smoked	
Stimulants			
Cocaine	<i>Cocaine hydrochloride</i> : blow, bump, C, candy, Charlie, coke, crack, flake, rock, snow, toot	II/snorted, smoked, injected	<i>Increased heart rate, blood pressure, body temperature, metabolism; feelings of exhilaration; increased energy, mental alertness; tremors; reduced appetite; irritability; anxiety; panic; paranoia; violent behavior; psychosis/weight loss, insomnia; cardiac or cardiovascular complications; stroke; seizures; addiction</i>
Amphetamine	<i>Biphetamine, Dexedrine</i> : bennies, black beauties, crosses, hearts, LA turnaround, speed, truck drivers, uppers	II/swallowed, snorted, smoked, injected	Also, for cocaine —nasal damage from snorting
Methamphetamine	<i>Desoxyn</i> : meth, ice, crank, chalk, crystal, fire, glass, go fast, speed	II/swallowed, snorted, smoked, injected	Also, for methamphetamine —severe dental problems
Club Drugs			

DRUGS OF ABUSE/Uses and Effects

Substances: Category and Name	Examples of <i>Commercial</i> and Street Names	DEA Schedule*/ How Administered**	<i>Acute Effects/Health Risks</i>
MDMA (methylenedioxy- methamphetamine)	Ecstasy, Adam, clarity, Eve, lover's speed, peace, uppers	I/swallowed, snorted, injected	MDMA — <i>mild hallucinogenic effects; increased tactile sensitivity; empathic feelings; lowered inhibition; anxiety; chills; sweating; teeth clenching; muscle cramping/sleep disturbances; depression; impaired memory; hyperthermia; addiction</i>
Flunitrazepam***	<i>Rohypnol</i> : forget-me pill, Mexican Valium, R2, roach, Roche, roofies, roofinol, rope, rophies	IV/swallowed, snorted	Flunitrazepam — <i>sedation; muscle relaxation; confusion; memory loss; dizziness; impaired coordination/addiction</i>
GHB***	<i>Gamma-hydroxybutyrate</i> : G, Georgia home boy, grievous bodily harm, liquid ecstasy, soap, scoop, goop, liquid X	I/swallowed	GHB — <i>drowsiness; nausea; headache; disorientation; loss of coordination; memory loss/unconsciousness; seizures; coma</i>
Dissociative Drugs			
Ketamine	<i>Ketalar SV</i> : cat Valium, K, Special K, vitamin K	III/injected, snorted, smoked	<i>Feelings of being separate from one's body and environment; impaired motor function/anxiety; tremors; numbness; memory loss; nausea</i>
PCP and analogs	<i>Phencyclidine</i> : angel dust, boat, hog, love boat, peace pill	I, II/swallowed, smoked, injected	Also, for ketamine — <i>analgesia; impaired memory; delirium; respiratory depression and arrest; death</i>
Salvia divinorum	Salvia, Shepherdess's Herb, Maria Pastora, magic mint, Sally-D	Not scheduled/chewed, swallowed, smoked	Also, for PCP and analogs — <i>analgesia; psychosis; aggression; violence; slurred speech; loss of coordination; hallucinations</i>
Dextromethorphan (DXM)	Found in some cough and cold medications: Robotripping, Robo, Triple C	Not scheduled/swallowed	Also, for DXM — <i>euphoria; slurred speech; confusion; dizziness; distorted visual perceptions</i>
Hallucinogens			
LSD	<i>Lysergic acid diethylamide</i> : acid, blotter, cubes, microdot yellow sunshine, blue heaven	I/swallowed, absorbed through mouth tissues	<i>Altered states of perception and feeling; hallucinations; nausea</i>
Mescaline	Buttons, cactus, mesc, peyote	I/swallowed, smoked	Also, LSD and mescaline — <i>increased body temperature, heart rate, blood pressure; loss of appetite; sweating; sleeplessness; numbness, dizziness, weakness, tremors; impulsive behavior; rapid shifts in emotion</i>
Psilocybin	Magic mushrooms, purple passion, shrooms, little smoke	I/swallowed	Also, for LSD —Flashbacks, Hallucinogen Persisting Perception Disorder Also for psilocybin — <i>nervousness; paranoia; panic</i>
Other Compounds			
Anabolic steroids	<i>Anadrol, Oxandrin, Durabolin, Depo-Testosterone, Equipoise</i> : roids, juice, gym candy, pumpers	III/injected, swallowed, applied to skin	Steroids — <i>no intoxication effects/hypertension; blood clotting and cholesterol changes; liver cysts; hostility and aggression; acne; in adolescents—premature stoppage of growth; in males—prostate cancer, reduced sperm production, shrunken testicles, breast enlargement; in females—menstrual irregularities, development of beard and other masculine characteristics</i>
Inhalants	<i>Solvents (paint thinners, gasoline, glues); gases (butane, propane, aerosol propellants, nitrous oxide); nitrites (isoamyl, isobutyl, cyclohexyl)</i> : laughing gas, poppers, snappers, whippets	Not scheduled/inhaled through nose or mouth	Inhalants (varies by chemical) — <i>stimulation; loss of inhibition; headache; nausea or vomiting; slurred speech; loss of motor coordination; wheezing/cramps; muscle weakness; depression; memory impairment; damage to cardiovascular and nervous systems; unconsciousness; sudden death</i>

DRUGS OF ABUSE/Uses and Effects

** Schedule I and II drugs have a high potential for abuse. They require greater storage security and have a quota on manufacturing, among other restrictions. Schedule I drugs are available for research only and have no approved medical use; Schedule II drugs are available only by prescription (unrefillable) and require a form for ordering. Schedule III and IV drugs are available by prescription, may have five refills in 6 months, and may be ordered orally. Some Schedule V drugs are available over the counter.*

*** Some of the health risks are directly related to the route of drug administration. For example, injection drug use can increase the risk of infection through needle contamination with staphylococci, HIV, hepatitis, and other organisms.*

**** Associated with sexual assaults.*

Information gathered from the NIDA (National Institute on Drug Abuse) 2011